



## **Wales Rugby League- Clean Sport Educational Plan**

In 2019, on the appointment of Gareth Kear as Chief Executive Officer, Wales Rugby League entered a new stage of its development in several operational areas. One of these key areas was anti-doping advice and education which has been delivered by Gareth Kear and WRL Wheelchair Head coach Stephen Jones both UKAD accredited advisors.

Education has always been the cornerstone to Wales Rugby League's Anti-Doping Programme.

In 2019, Wales Rugby League re-structured its player pathway induction together with coach and match official education program to include anti-doping. These have been included in person classes as well as online webinars. These courses have focussed on junior, elite and international players and coaches with clear guidance on Therapeutic Users Exemptions (TUEs).

As part of the player pathway, all players parents and guardians have also had to attend mandatory anti-doping education to include TUE advice.

The new WRL community club manual also contains anti-doping advice and guidance that all club officials must accept and sign.

Over the next four years, working towards Rugby League World Cup 2025, the Wales Rugby League anti-doping strategy is to build on the last two years and in accordance with the UKAD 2021 code is to move education from anti-doping control to Clean Sport Education for all players, coaches, volunteers, administrators and crucially parents of age grade pathways. WRL will provide access to support and information to allow everyone to make informed decisions, and guide others towards upholding Rugby League as a clean sport.



### **Annual Clean Sport Education Plan - Annually October to November**

1. New Clean Sport Anti-Doping website page October 2021
2. Coach and match officials' courses to reflect new approach to 'Clean Sport' February 2022
  - All coaches and match officials to download 100%ME app
3. WRL Community Club Handbook to have updated guidance and links April 2022
4. All Pathways to receive Clean Sport (Anti-Doping Advice)
  - Community April 2022
  - Wheelchair April 2022
  - U16s Girls and Boys (including parents) May 2022
  - Cardiff Demons women's Super League team May 2022
  - Women and Men Senior running June 2022
  - U18s Boys (including parents) September 2022
  - Students' male (advisory to include parents) September 2022
  - Dragonhearts men September 2022
  - Masters September 2022
  - Physical Disability Rugby League September 2022
5. All Pathway players and coaches to download 100%ME app
  - Evidence collated by national team managers
6. All Pathway players and coaches to download Global DRO App
  - Evidence collated by national team managers
7. World Cup October 2022
  - All players and staff to receive operational update on World Cup Clean Sport Programme and Procedures.
8. Wales Rugby League will provide a confidential 'whistle blower' contact number to obtain, assess, and process anti-doping intelligence from all available sources to inform the development of an effective, intelligence-led target testing by UKAD.

### **Links**

[Wales Rugby League Clean Sport](#)

[100% me | UK Anti-Doping \(ukad.org.uk\)](#)

[Global DRO - Home](#)

<https://www.ukad.org.uk/coach-clean>

<https://ukad.coachwisehub.com/>

**Gareth Kear CEO October 2021**